Another important piece of equipment for measuring is a litre jug. This is another of the earliest standard measure that young children are introduced to.

To begin with they do not need to know the relationship between litres and millilitres. It is more important that they get an idea of the size of a litre of water and then compare it to other amounts.

If you don't have a litre jug don't despair because a litre of water weighs exactly 1 kilogram, so you can always 'weigh out' your litre of water in a container on a pair of scales.



You need a litre jug for this activity.

Look at your litre jug. Close your eyes and imagine how much a litre of water is.

Is a cup of water more than a litre? ☐

Is a bowl of water more than a litre? ☐

Is a glass of water more than a litre? ☐

Can you find any bottles of drink at the supermarket which contain exactly one litre?



You need a litre jug for this activity.

Make a list of containers which hold more or less than one litre.

More than a litre	Less than a litre



You need a litre jug for this activity, as well as other containers.

How many fill a litre jug?

Containers	Number to fill a litre jug
Cups 	
Glasses 	
Bottles 	
Cereal bowl 	
Plastic pot 	